

OSCEOLA GRATITUDE GAZETTE

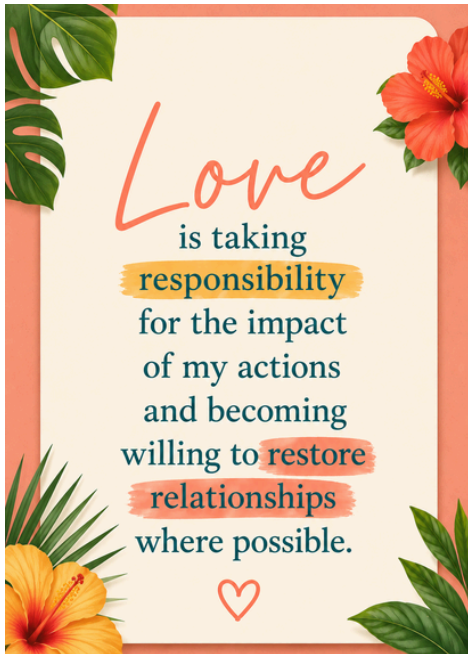
VOLUME 2
ISSUE 8

OSCEOLA COUNTY
INTERGROUP

AUGUST
2026

WELCOME TO OUR

Monthly Newsletter



OUR PURPOSE

This newsletter was born out of the desire to stay in touch and share the good things happening within our groups. Our mission is to connect members, celebrate milestones, and spread hope.

In this newsletter:

- Literature Info
- How to Contribute to Intergroup
- Grapevine Article
- Upcoming Events
- Service Opportunities

Save the date!!

- 8/1 Bingo Night
- 8/30 Primary Purpose Group Anniversary Meeting

See page 7 & 8 for event details

Thank you to all the groups who continue to give their support and contributions. Your service keeps us connected and carrying the message

How to contribute

Mail-in Contributions:
Make checks payable to:
Osceola County Intergroup
Include your group name

Mail to:
Osceola County Intergroup
15300 Groveside Road #101,
Winter Garden, FL, 34787

Now accepting Zelle!

Use Zelle for contributions or literature purchases.
If your Bank uses Zelle, then you can send contributions using our email:

osceolacountyintergroup@gmail.com

Please include a note with your payment indicating its purpose (e.g., "contribution" or "literature purchase").

2nd Quarter 7th Tradition Contributions

St. Cloud Group	\$15.50
Happy Joyous & Free	\$25
There is a Solution	\$315.66
Individual	\$5.00
Total	\$361.16

DID YOU KNOW OSCEOLA COUNTY AA INTERGROUP CAN SUPPLY YOUR LITERATURE AND CHIP NEEDS?

By purchasing AA Literature, Pamphlets, Chips, and Medallions from Osceola County Intergroup you are supporting Osceola County Intergroup and local AA groups. Our prices are competitive with other non-AA suppliers.

We carry a large supply of inventory available to you quickly. We can also place orders if we don't have what you need.

Having an AA event? Why not sell some AA Literature and display AA Pamphlets? Need ideas for a raffle? Put together a basket of AA goodies.

WHAT WE CARRY

Books

- Alcoholics Anonymous Big Book in English and Spanish, Large Print, Hard and Soft Covers, Pocket Edition
- 12 & 12 In English, Spanish, Large Print, Hard and Soft Covers, Pocket Edition
- As Bill Sees It, Came to Believe, Daily Reflections, Living Sober, Plain Language Big Book, Dr. Bob and the Good Oldtimers, and more!

Chips and Coins

- 24 Hour through 11 Month Chips
- 1 Year – 55 Years Medallions

Pamphlets

- This is AA, Frequently Asked Questions, Young People in AA, A Newcomer Asks, 12 Traditions Flyer, LGBTQ Alcoholics in AA, Q&A on Sponsorship, Women in AA, and over 50 more!

Packets of Pamphlets

- Beginners Packet filled with pamphlets and information for the newcomer.
- Spanish Packets filled with pamphlets in Spanish.

Contact for prices, ordering, information:
literature@osceolacountyintergroup.org

Grapevine

Ready to Sweep

Step Eight reminds him which side of the street to clean

STEP EIGHT: Made a list of all persons we had harmed, and became willing to make amends to them all.

When I was an active alcoholic, I caused physical, mental and spiritual damage to people. And as my drinking became more destructive, I isolated and alienated myself from others even more than usual, in an attempt to drink and drug without interruption or negative criticism. I'd then be overwhelmed with fear, shame, guilt and remorse. My self-loathing would spill over into all my relationships—the few that still remained, that is.

The Eighth Step gave me the toolbox I needed to explore these relationships more deeply. It enabled me to pinpoint those individuals whom I had harmed. And even if I was not actually ready to make direct amends to certain people, I was able to begin by writing out an amends list and praying for the willingness.

As I worked through my list, the essential question for me, as it says in the “Twelve and Twelve,” was: “Whom have I harmed?” and in what ways. I was tempted to recall and list the ways these people had hurt me. In all honesty, there was perhaps harm on both sides. But I needed to focus on the harm I had produced. The Eighth Step does not depend on the character defects and shortcomings of others. I had to admit and acknowledge my own character defects and shortcomings. I needed to focus on “sweeping my side of the street.”

When feelings of defensiveness began to emerge, I remembered that these individuals needed my forgiveness just as much as I needed theirs. But whether they recognized that need was not the issue. If I were to be serious about mending broken relationships, and I certainly was, I needed to let go of my resentments and, simultaneously, to forgive others.

The following questions were helpful to me as I worked on my Eighth Step:

Grapevine

- 1) How was I bad-tempered because of my drinking?
- 2) Did I avoid friends and family as a result of my obsession?
- 3) What damage did I produce by letting my self-will run riot?

These helped me gain valuable insights and discover other people to add to my list.

As I continued on my Eighth Step journey, it became apparent that I did much damage to myself as well. And it dawned on me that the most effective amends that I could make to myself was to stay sober and practice the Steps to the best of my ability. And if I keep not drinking just for today, I won't drink for the rest of my life.

In early sobriety, I would never have contemplated making the first move toward making an amend. But now I'm attempting to discern and apply the will of God in my life. I now take responsibility for my sobriety and for my relationships. Taking such a risk has become a possibility thanks to the Steps and my support network in the rooms of AA. The Eighth Step has given me the ability to maintain and develop a deep intimacy and involvement with significant others in my life. It also gives me emotional and spiritual balance.

—Gary T., Poughkeepsie, N.Y.
2018



Grapevine

Many Powers Greater Than Me

Although she's unsure, she just keeps praying. Something seems to be working

Step two: Came to believe that a Power greater than ourselves could restore us to sanity.

When I came into AA, I was a nonbeliever, or so I thought. I struggled all my life with the concept of God. I believe in the existence of God so I know I'm not an atheist. I know from my own experiences that the existence of God is knowable so I'm not agnostic either. I'm not sure what I am ... and I'm not sure it really matters. But I knew I needed a Higher Power to work the Steps and stay sober.

I tried using the group as my Higher Power, but I found that I couldn't pray to my group. My sponsor wanted me to take certain actions, whether I believed in them or not, and one of those actions was praying. So I got on my knees every morning and asked something to help me stay sober and I thanked that something every night.

I learned over time, with the help of my sponsor, that I wasn't really a nonbeliever. I was just very angry with God because my daddy died when I was a little girl. I chose to stop believing in God because things just happened, there was no one to blame and no reasons to search for. It was easier not to believe.

My sponsor pointed out that I couldn't be angry at something that didn't exist. That was a light bulb moment and it opened my eyes and my mind to be willing to believe.

With some time and personal experience, that anger began to fade. As I stayed sober and life got better, I began to believe that that "something" I prayed to was God. I felt God much more in my head than in my heart.

It was suggested that I try to seek God in order to develop the sort of personal relationship I wanted with God and had heard other AA members talking about. I worked hard trying to do that. I looked for him in nature. I looked for him in those small coincidences, and I went to church for the first three years of my sobriety.

Grapevine

The God they talked about in church was different from the God I heard about in meetings. Church ended up provoking more questions than it provided answers. I had the belief, but very little, or no, faith. I still didn't know if God heard or answered my prayers. I didn't know what God did or didn't do. I didn't know what his part was and what part was mine. But I did know that God brought me to AA. I knew he wanted me to stay here and that he gave me the strength I needed to stay.

Even though I'm not sure he hears or answers my prayers, I keep praying. I keep taking the actions. I talk to him all day. I ask him for help. I bring him my fears and concerns and I ask him to give me strength. I even share my doubts with him. Just taking the actions without faith calms my fears, provides relief and brings some peace.

I know God loves me even though I may never be able to feel that in my heart. My lack of faith has kept me up at night wondering if what I do have is good enough to keep me sober. I learned I don't have to have all the answers, but I have found a way that works for me.

To me, depending on a Higher Power just means I have a source outside of myself that I can go to, depend on and trust more than I trust myself. I need to acknowledge that I can't do this alone, that I need help to stay sober and to make my life manageable. So, I pray to God.

I have a sponsor who I can see, hear and trust. I have friends to help me through the rough times and to share the good times. I need all of them to stay sober and they are all powers greater than me. I have five years of sobriety now so I know it works. And I believe it will continue to work one day at a time, as long as I know that I am not God and that I can't do this deal alone.

JUDY E. | ORLAND PARK, ILLINOIS

Events in Osceola

BINGO *night*

HOSTED BY

The Happy Joyous and Free Group

SATURDAY, **AUGUST 1ST**

8:10PM

REBOS

1614 ORANGE AVE
ST. CLOUD, FL, 34769

\$1
PER CARD

50/50
RAFFLE

DESSERTS
PROVIDED

Events in Osceola

Primary Purpose Group

ANNIVERSARY MEETING

*Join us in
celebration!*



Please join us as we
come together and
recognize and celebrate
milestones!



6PM

**THE LAST SUNDAY
OF EVERY MONTH**



LOCATION:

WEST SIDE CLUB



101 W Cypress St Suite L,
Kissimmee, FL 34741



ONE DAY AT A TIME.

PRIMARY PURPOSE GROUP

BEGINNER MEETING



New to Recovery?



Looking for a fresh start?



You are welcome here



EVERY SATURDAY AT 6PM



LOCATION:

WEST SIDE CLUB

101 W CYPRESS ST SUITE L, KISSIMMEE, FL 34741



Events in Osceola

The New Freedom Group

Dear AA Members,

I hope this message finds you well. I'm reaching out on behalf of the New Freedom Group to invite you to be a guest speaker at our Wednesday night Big Book Study meeting.

Our group deeply values the experience, strength, and hope shared by AA members, and we believe your perspective would be a meaningful addition to the meeting. As you know, our format is centered around the Big Book, and we'd love for you to share your experience related to a section or principle from the book that has had an impact on your journey.

Meeting Details:

When: Wednesday nights at 7:30pm

Where: Ponciana Christian Church

Format: Read pertinent section of the Big Book, followed by 10–15 minutes of guest speaker sharing and then open discussion

If you're open to speaking, just let us know a date that works for you and we'll get you scheduled. We'd be honored to have you share.

Thank you for considering,

With gratitude,

Jim C.

NFG Chairperson

Cell:(516) 474-2723

Email: jcoogs7@gmail.com or poincianasnfg@gmail.com

BIG BOOK STUDY					
	SUBJECT	PAGES	SPEAKER	PHONE	DATE
Week 1	Prefaces and Forwards	Read All	Jim C.		3/18/2026
Week 2	Doctors Opinion	Read all	Larry F.		3/25/2026
Week 3	Bill Story	p. 1 to 16	Michael F.	(954) 695-5555	4/1/2026
Week 4	Dr. Bob's Nightmare	p. 171 to 181	Tony G.		4/8/2026
Week 5	There is a Solution	p. 17 to 29	William E.	(757) 692-4767	4/15/2026
Week 6	More About Alcoholism	p. 30 to 37 ¶3	George P.	(203) 731-4015	4/22/2026
Week 7	More About Alcoholism	p. 37 ¶4 to end	Kurt B.	(407) 300-8620	4/29/2026
		P. 44 to 47 ¶ 3 App. II Spritual Experince	Kate K.	(570) 236-0443	5/6/26
Week 8	We Agnostics				
Week 9	We Agnostics	pg.47 ¶4 to end	Jim T.	(605) 305-5639	5/13/26
Week 10	How it Works Step 3	p.58 to p. 63 ¶3	Mary I.	(516) 721-7018	5/20/26
Week 11	How it Works Step 4(Resentment)	p.63 ¶4 to p.67 ¶3	Tony G.	(631) 379-7313	5/27/26
Week 12	How it Works Step 4(Fear)	p.67 ¶4 to p.68 ¶3	Debby R.	(202) 257-7073	6/3/2026
Week 13	How it Works Step 4(Sex/Harms)	p. 68 ¶4 to p.71	Jim C.	(516) 474-2723	6/10/26
Week 14	Into Action Step 5	p. 72 to 75	Ralph D.	(407) 460-3401	6/17/26
Week 15	Into Action Step 6&7	p. 76 ¶1-2	Mary I.	(516) 721-7018	6/24/26
Week 16	Into Action Step 8&9	p. 76 ¶3 g. 84 ¶2			7/1/26
Week 17	Into Action Step 10	p. 84 ¶3 p. 85 ¶2			7/8/26
Week 18	Into Action Step 11	pg. 85 ¶3 to end			7/15/26
Week 19	Working With Others Step 12 (sponsorsh	pg. 89 to p.96 ¶1			7/22/26
Week 20	Working With Others Step 12 (sponsorsh	pg. 96 ¶2 to end			7/29/26
Week 21	To the Wives Step 12 (relationship)	pg. 104 to pg. 121			8/5/26
Week 22	Family Afterward Step 12 (family)	p. 122 to p.127 ¶3			8/12/26
Week 23	Family Afterward Step 12 (family)	pg. 127 ¶4 to end			8/19/2026
Week 24	To the Employer Step 12 (workplace)	pg. 136 to 150			8/26/2026
Week 25	A Vision for You Step 12 (founders to us)	pg. 151 to 158 ¶4			9/2/2026
Week 26	A Vision for You Step 12 (founders to us)	pg. 158 ¶5 to end			9/9/2026

Events in Florida

HOPE LIVES HERE

A Benefit for Dr. Bob's Home

Proceeds Support Dr. Bob's Home, 855 Ardmore Ave, Akron, OH 44302

Dr. Bob Smith, co-founder of Alcoholics Anonymous

Saturday, October 17th, 2026

10 AM—3 PM—Doors Open 9:30 AM

Graceway Church

10200 Morningside Drive

Leesburg, FL 34788

Featuring GAIL L. — ARCHIVIST

- The History of Dr. Bob's Home
 - The History of the Writing of the Big Book
-

Tickets—\$32 Per Person (Use QR code below)

INCLUDES BOX LUNCH and DRINK



For more information contact:

Andy D. | swccd7@gmail.com | (352) 933-6353

Service

THEY NEED OUR HELP

District 31 Osceola County Corrections Committee

Looking for Volunteers to Bring AA to
Osceola County Jail on Simpson Road

Volunteer Requirements

Must have a clean criminal record &
a current Florida State issued Driver's License

Monthly Corrections Committee Meeting

Last Tuesday of Month @ 6pm Zoom ID 8730264129 Pass: i8Aew8

Mondays @ 7pm Women's Meeting

Fridays @ 7pm Men's Meeting

For more details please email

Riccardo @ recoveryriccardo@yahoo.com

Travis @ traviswfelisky@hotmail.com

Becca K. 585-414-2826 Text Only

Jena 407-726-9008 Text Only



Step 8 only asks for two things: a list and the willingness. No actual amends are made yet.

Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

8th Principle

(Brotherly) Love:

It's about choosing actions that reflect care, respect, and responsibility toward others.

Intergroup Meetings

Intergroup meetings are held virtually on Zoom, on the third Wednesday of each month at 5:00pm

Zoom Meeting ID:

817 1675 3808

Password: 917635

Elected 2025 Officers

Chairperson: Walda H.

Alternate Chair: Chris H.

Secretary: Ruthie J.

Alternate Secretary: Walda H.

Treasurer: Beth M.

Alternate Treasurer: OPEN

Hotline Coordinator: Suresh P.

Alternate Hotline: OPEN

Webmaster: Heather S.

Alternate Webmaster: Eric B.

Literature Coordinator: Mike R.

Alternate Literature: OPEN

Newsletter Coordinator: Heather S.

Alternate Newsletter: Jena T.

We'd love to hear from you!!!

Have something on your heart to share? We would love to include your experience, strength, and hope in a future issue. Whether it is an event, anniversary, reflection, poem or recovery story, your words might be exactly what someone needs to hear today. Please send submissions to:

ocigazette@gmail.com

Osceola County Intergroup
407-870-8282 osceolacountyintergroup@gmail.com
P.O. Box 700387 Saint Cloud, FL, 34770