

OSCEOLA  
GRATITUDE  
GAZETTE

VOLUME 2  
ISSUE 5

OSCEOLA COUNTY  
INTERGROUP

MAY  
2026

WELCOME TO OUR

## *Monthly Newsletter*



## OUR PURPOSE

This newsletter was born out of the desire to stay in touch and share the good things happening within our groups. We hope to connect members, celebrate milestones, and spread hope.

### In this newsletter:

- Literature Info
- How to Contribute to Intergroup
- Grapevine Article
- Upcoming Events
- Service Opportunities

### Save the date!!

- 5/9 Sisters Spring Spiritual Celebration
- 5/16 Fellowship Picnic
- 5/25 Anniversary Meeting
- 5/31 Anniversary Meeting
- 6/13 Founders Day Party

See pages 5-10 for event details

Thank you to all the groups who continue to give their support and contributions. Your service keeps us connected and carrying the message

## How to contribute

Mail-in Contributions:  
 Make checks payable to:  
**Osceola County Intergroup**  
 Include your group name

Mail to:  
 Osceola County Intergroup  
 P.O Box 700386  
 Saint Cloud, FL, 34770

### **Now accepting Zelle!**

Use Zelle for contributions or literature purchases.  
 If your Bank uses Zelle, then you can send contributions using our email:

osceolacountyintergroup@gmail.com

Please include a note with your payment indicating its purpose (e.g., “contribution” or “literature purchase”).

### **1st Quarter 7<sup>th</sup> Tradition Contributions**

Miracle Group	\$100
Narcoossee No Name	\$75
PPG	\$150
Serenity on the Lake	\$184
Sisters of Serenity	\$30
St. Cloud Group	\$92
There is a Solution	\$437.65
Zero to Hero	\$53
<b>Total</b>	<b>\$1,121.65</b>

## **DID YOU KNOW OSCEOLA COUNTY AA INTERGROUP CAN SUPPLY YOUR LITERATURE AND CHIP NEEDS?**

By purchasing AA Literature, Pamphlets, Chips, and Medallions from Osceola County Intergroup you are supporting Osceola County Intergroup and local AA groups. Our prices are competitive with other non-AA suppliers.

We carry a large supply of inventory available to you quickly. We can also place orders if we don't have what you need.

Having an AA event? Why not sell some AA Literature and display AA Pamphlets? Need ideas for a raffle? Put together a basket of AA goodies.

### WHAT WE CARRY

#### **Books**

- Alcoholics Anonymous Big Book in English and Spanish, Large Print, Hard and Soft Covers, Pocket Edition
- 12 & 12 In English, Spanish, Large Print, Hard and Soft Covers, Pocket Edition
- As Bill Sees It, Came to Believe, Daily Reflections, Living Sober, Plain Language Big Book, Dr. Bob and the Good Oldtimers, and more!

#### **Chips and Coins**

- 24 Hour through 11 Month Chips
- 1 Year – 55 Years Medallions

#### **Pamphlets**

- This is AA, Frequently Asked Questions, Young People in AA, A Newcomer Asks, 12 Traditions Flyer, LGBTQ Alcoholics in AA, Q&A on Sponsorship, Women in AA, and over 50 more!

#### **Packets of Pamphlets**

- Beginners Packet filled with pamphlets and information for the newcomer.
- Spanish Packets filled with pamphlets in Spanish.

**Contact for prices, ordering, information:**  
 literature@osceolacountyintergroup.org

# Grapevine

## **Me Too**

*Afraid to reveal dark secrets from her past, she pocketed her pride and went to it. To her surprise, what happened next calmed her soul.*

Driving to my sponsor's house to do my Fifth Step left me in a squall of emotions. I was shocked—and I still am—that my car somehow kept driving to her house. I knew what had to be done. I had read the description of the Step in the Big Book several times before going to her house that day. I was afraid, however, of a deep, dark secret I had never told anyone: I had been sexually abused as a child.

No one knew this about me. Why would I tell anyone about it now? It doesn't bother me. I don't use it for an excuse. It's not why I drink. But then the line from the Big Book kept running in my mind: "We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past." So I said to myself, I'm going to tell her. I don't want to drink. I'm not leaving anything in the dark crannies of my mind. And that was that.

I pulled my car up to my sponsor's house. We made the usual greetings and sat down to it. "Start at the beginning," she said. I jumped around, telling my sagas and my moments of turmoil, still not sure if I was resolute in my decision to tell her my secret. After a while of feeling some of the other weights lift, the words finally fell out of my mouth. I told her. She took some notes that would later become my Tenth Step inventory and then looked up at me and said, "Me too."

To say my jaw fell off my face is not enough to describe the reaction in my body. To say that the sun was sunnier, her couch was comfier, my jeans fit better, my skin was clearer, my panic attacks were subsiding in that moment isn't enough either. What was enough and still is to this day were the words, "Me too."

I had run from that secret for so long, until finally I ran headfirst into it. I told someone that big, deep, dark secret out loud for the first time ever in my 37 years on this planet. And it was scary.

After that, the rest of my secrets and resentments and wrongs I did to others came tumbling out. I sat with my sponsor for five hours that day. That's what it took to get light shined on all the dark nooks and crannies of my past. It was also the first time I ever felt free.

So "me too" isn't what you think it is in AA. Me too is strength, hope and most of all, and above all else on that day for me was experience. My sponsor said it happened to her too. And some day our experience is going to bring hope to other still suffering alcoholics. A Promise came true that day: I will not regret the past, nor wish to shut the door on it.

Samantha H.  
Otsego, Minnesota

# Grapevine

## **No Defense**

*Stop drinking on his own? No problem. Little did he know, a giant warehouse of booze was about to teach him something he'll never forget.*

Being a binge drinker, it was not difficult for me to stop drinking for a week or even a month just to prove I could do it. I also knew if you wanted me not to drink for three weeks, on the 22nd day you owed me big time and you were going to pay up. But since I had little trouble not drinking for a given period of time, I was certain I was not an alcoholic.

Once, while on one of these mandated dry spells, I was invited to go to one of the most beautiful places on this earth: an open house at a liquor wholesale warehouse. I found myself there in the presence of more booze than I could imagine myself drinking in a lifetime, with a friendly face saying, "What would you like?" Since I wasn't drinking, I mustered all my strength, courage and fortitude and said, "No, thanks!" Then I tried to hurry out the door.

But there was that voice. In the back of my head I heard a small voice say, "This time will be different." I returned to the bar. Soon the words, "I've never tried that new Canadian, the one in the wooden box," came right out of my mouth.

I don't remember if I took the people who were there with me back to their cars or how I even got home that night. I vaguely remember putting an empty glass down on the kitchen counter at home just before I passed out on the living room floor.

About five hours later, as I was beginning to come to again, my girlfriend came to my home. She was extremely angry. I had promised to pick her up from work just about the time I was passing out on the floor. For some mysterious reason, she didn't think standing on the street corner downtown for several hours was very funny. I responded with my usual lack of tact, which didn't go well.

The next day, I pulled together all my humility and went to her apartment, expecting the usual punishment: a lot of yelling, screaming and maybe even some slapping. These things happened to me quite often as a drunk. I had come to expect these as the price I had to pay if I wanted to drink.

But this time it was different. She simply said, "I'm not going to yell or scream. In fact, I am not even going to say anything. I am just going to give you my Big Book and ask you to read it. Open it anywhere and just read something. See if there's anything in there that you can relate to." Then she sent me home.

Nobody had ever treated me like that before. They screamed at me, they beat me, they even sent me to jail. But nobody had done this to me.

I had to wait a couple of days for my eyes to clear up enough to read. When I could, I followed her instructions to the letter. I randomly opened her Big Book. I happened to land in chapter five—a very bad idea for an active alcoholic. I only read two paragraphs, but they scared me so badly that for the first time I was more afraid of a drink than I was afraid to live my life without alcohol.

That night I went to my very first ever closed AA meeting. My girlfriend handed me that Big Book on November 19, 1981. I have not had a single drop of alcohol since that day.

J.C.  
Peculiar, Missouri

# Events in Osceola

## **Sisters of Serenity**



### **Sisters Spring Spiritual Celebration**

**THE SISTERS OF SERENITY INVITE ALL  
WOMEN  
TO JOIN US FOR A MOTHER'S DAY  
CELEBRATION  
BREAKFAST**

**WHERE: THE WEST SIDE CLUB  
WHEN: SATURDAY, MAY 9, 2026  
TIME: 9:00-10:00 AM**

**BREAKFAST DISH OR MONETARY  
DONATIONS ARE WELCOME  
SIGN-UP SHEET IS POSTED ON THE  
BULLETIN BOARD IN THE MEETING ROOM**



# Events in Osceola

Happy Joyous and Free Group



## FELLOWSHIP PICNIC

join us for food, fun, and fellowship!

 **May 16<sup>th</sup>**  **2 - 4 PM**

 **1614 Orange Ave**  
Saint Cloud, FL 34769

**FREE FOOD & LOTS OF FELLOWSHIP**

please bring a side or dessert to share



everyone is welcome - *come enjoy community and good vibes!*

# Events in Osceola

Primary Purpose Group

## ANNIVERSARY MEETING

*Join us in  
celebration!*



Please join us as we come together and recognize and celebrate milestones!



**6PM**

**THE LAST SUNDAY  
OF EVERY MONTH**



LOCATION:

**WEST SIDE CLUB**

101 W Cypress St Suite L,  
Kissimmee, FL 34741

**ONE DAY AT A TIME.**

PRIMARY PURPOSE GROUP

## BEGINNER MEETING



New to Recovery?



Looking for a fresh start?



You are welcome here



**EVERY SATURDAY AT 6PM**



LOCATION:

**WEST SIDE CLUB**

101 W CYPRESS ST SUITE L, KISSIMMEE, FL 34741



# Events in Osceola

# FOUNDERS

## *Day Party*



**JUNE 13<sup>TH</sup>**



**1:15<sup>PM</sup>**

A SIDE DISH OR A MONETARY  
DONATION WOULD BE APPRECIATED.



**LOCATION:**  
**WEST SIDE CLUB**

101 W. Cypress St Suite L,  
Kissimmee, FL, 34741

# Events in Osceola

## The New Freedom Group



# Events in Osceola

## The New Freedom Group

Dear AA Members,

I hope this message finds you well. I'm reaching out on behalf of the New Freedom Group to invite you to be a guest speaker at our Wednesday night Big Book Study meeting.

Our group deeply values the experience, strength, and hope shared by AA members, and we believe your perspective would be a meaningful addition to the meeting. As you know, our format is centered around the Big Book, and we'd love for you to share your experience related to a section or principle from the book that has had an impact on your journey.

Meeting Details:

When: Wednesday nights at 7:30pm

Where: Ponciana Christian Church

Format: Read pertinent section of the Big Book, followed by 10–15 minutes of guest speaker sharing and then open discussion

If you're open to speaking, just let us know a date that works for you and we'll get you scheduled. We'd be honored to have you share.

Thank you for considering,

With gratitude,

Jim C.

NFG Chairperson

Cell:(516) 474-2723

Email: jcoogs7@gmail.com or pinciananfg@gmail.com

<b>BIG BOOK STUDY</b>					
	<b>SUBJECT</b>	<b>PAGES</b>	<b>SPEAKER</b>	<b>PHONE</b>	<b>DATE</b>
Week 1	Prefaces and Forwards	Read All	Jim C.		3/18/2026
Week 2	Doctors Opinion	Read all	Larry F.		3/25/2026
Week 3	Bill Story	p. 1 to 16	Michael F.	(954) 695-5555	4/1/2026
Week 4	Dr. Bob's Nightmare	p. 171 to 181	Tony G.		4/8/2026
Week 5	There is a Solution	p. 17 to 29	William E.	(757) 692-4767	4/15/2026
Week 6	More About Alcoholism	p. 30 to 37 ¶3	George P.	(203) 731-4015	4/22/2026
Week 7	More About Alcoholism	p. 37 ¶4 to end	Kurt B.	(407) 300-8620	4/29/2026
Week 8	We Agnostics	P. 44 to 47 ¶ 3 App. II Spritual Experince	Kate K.	(570) 236-0443	5/6/26
Week 9	We Agnostics	pg.47 ¶4 to end	Jim T.	(605) 305-5639	5/13/26
Week 10	How it Works Step 3	p.58 to p. 63 ¶3	Mary I.	(516) 721-7018	5/20/26
Week 11	How it Works Step 4(Resentment)	p.63 ¶4 to p.67 ¶3	Tony G.	(631) 379-7313	5/27/26
Week 12	How it Works Step 4(Fear)	p.67 ¶4 to p.68 ¶3	Debby R.	(202) 257-7073	6/3/2026
Week 13	How it Works Step 4(Sex/Harms)	p. 68 ¶4 to p.71	Jim C.	(516) 474-2723	6/10/26
Week 14	Into Action Step 5	p. 72 to 75	Ralph D.	(407) 460-3401	6/17/26
Week 15	Into Action Step 6&7	p. 76 ¶1-2	Mary I.	(516) 721-7018	6/24/26
Week 16	Into Action Step 8&9	p. 76 ¶3 g. 84 ¶2			7/1/26
Week 17	Into Action Step 10	p. 84 ¶3 p. 85 ¶2			7/8/26
Week 18	Into Action Step 11	pg. 85 ¶3 to end			7/15/26
Week 19	Working With Others Step 12 (sponsorsh	pg. 89 to p.96 ¶1			7/22/26
Week 20	Working With Others Step 12 (sponsorsh	pg. 96 ¶2 to end			7/29/26
Week 21	To the Wives Step 12 (relationship)	pg. 104 to pg. 121			8/5/26
Week 22	Family Afterward Step 12 (family)	p. 122 to p.127 ¶3			8/12/26
Week 23	Family Afterward Step 12 (family)	pg. 127 ¶4 to end			8/19/2026
Week 24	To the Employer Step 12 (workplace)	pg. 136 to 150			8/26/2026
Week 25	A Vision for You Step 12 (founders to us)	pg. 151 to 158 ¶4			9/2/2026
Week 26	A Vision for You Step 12 (founders to us)	pg. 158 ¶5 to end			9/9/2026



Step 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition 5

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers

5th Principle

Integrity: the firm adherence to a code of moral or ethical principles, characterized by honesty, consistency, and soundness of character. It means doing the right thing, even when no one is watching, and maintaining alignment between actions and core values. It means being rigorously honest and transparent about who we are, without minimizing, hiding, or justifying our past actions. It requires the courage to face the truth about ourselves and to share it openly with another person. This process breaks down denial, reduces shame, and allows for genuine healing.

Intergroup Meetings

Intergroup meetings are held virtually on Zoom, on the third Wednesday of each month at 5:00pm

**Zoom Meeting ID:**

817 1675 3808

**Password:** 917635

Elected 2025 Officers

**Chairperson:** Walda H.

**Alternate Chair:** Chris H.

**Secretary:** Ruthie J.

**Alternate Secretary:** Walda H.

**Treasurer:** Beth M.

**Alternate Treasurer:** OPEN

**Hotline Coordinator:** Suresh P.

**Alternate Hotline:** OPEN

**Webmaster:** Heather S.

**Alternate Webmaster:** Eric B.

**Literature Coordinator:** Mike R.

**Alternate Literature:** OPEN

**Newsletter Coordinator:** Heather S.

**Alternate Newsletter:** Jena T.

We'd love to hear from you!!!

Have something on your heart to share? We would love to include your experience, strength, and hope in a future issue. Whether it is an event, anniversary, reflection, poem or recovery story, your words might be exactly what someone needs to hear today. Please send submissions to:

**ocigazette@gmail.com**

Osceola County Intergroup  
407-870-8282 osceolacountyintergroup@gmail.com  
P.O. Box 700387 Saint Cloud, FL, 34770