

Is A.A. For ME?

All of us in A.A have asked this question.

We found out that many people had felt like us.

With the help of A.A. We tried to understand what alcohol had done to us. We were not alone.

We could get help. Answer each question Yes or No.

Yes answers will tell you if A.A if for you.

Yes No

1. Have I tried to stop drinking for a week or so,

But could not do it?

Most of us in A.A. made promises to ourselves or our families. We could not keep them.

2. Have I wished people would stop talking about my drinking?

In A.A. we do not tell anyone what to do. We talk about what we did, and how we stopped.

3. Have I changed drinks to try not to get drunk?

We tried not to get drunk. We just drank beer or just drank on the weekends. But if we drank anything with alcohol in it, we got drunk.

4. Do I ever need a drink to get going in the morning?

We found that if we needed a drink when we woke up, then we needed too much alcohol.

5. Do I envy people who can drink without getting in trouble?

Other people seem to be able to take it or leave it. We were different. We did not know why.

6. Does my drinking cause problems at home?

Before A.A. we thought people or problems caused our drinking. Now we know drinking made them worse.

7. Does my drinking cause problems with other people?

People treated us differently when we drank. They asked how much we had. We found we lost friends when we drank.

8. Do I try to get extra drinks?

Sometimes we had a "few" drinks before we went out. There never seemed to be enough.

9. Have I tried to stop drinking but still got drunk?

We learned that once we drink, we could not stop.

10. Have I missed work or school because of drinking?

We called in sick or told lies, we were really hung over.

11. Do I have blackouts- times I cannot remember?

In A.A, we learned that blackouts are a sign that we have a drinking problem.

12. Would my life be better if I quit drinking?

Many of us drank to make things better. But when we got to A.A., Alcohol had taken over our lives.

How does it add up? Is A.A. for you? A.A cannot take care of all your problems. But we can show you how to live one day at a time without alcohol. Many people have beat their drinking problem. Only you can decide if A.A. is for you. If the answer is YES, call us. From the brochure Is A.A. for me? A.A. World Services
Problems Other Than Alcohol: Sobriety-freedom from alcohol-through the teaching and practice of the Twelve Steps, is the sole purpose of an A.A. group. Groups have repeatedly tried other activities, and they have always failed. It has also been learned that there is no possible way to make non- alcoholics into A.A. members. We have to confine our membership to alcoholics, and we have to confine our A.A. group to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse we cannot help anyone.

ESPAÑOL: Correco Electronico:

intergrupalarlando@live.com

www.aaintergrupalhispana.com

GRUPO RENACE: 852 Duncan Ave, Kissimmee, FL

Dom @ 11am-1pm, Lun @ 12pm-1:30pm

Lun, Mart, Juev, Vier, Sab @ 8pm-9:30pm

GRUPO 9 DE NOVIEMBRE:

120 Broadway Ave Ste 303, Kissimmee, FL 34746

Dias reunion son: Dom @ 11am-12:30pm, Lun, Mier, Vier @ 7:30pm-9pm

SERVICE WORK:

INTERGROUP MEETING

Welcome to all to attend

2nd Thursday every month at 6:00pm

Meeting ID: 138-382-452

Passcode: 790286

DISTRICT 31 MEETING

Welcome to all to attend

Please contact osceolacountyintergroup@gmail.com for meeting information.

BEFORE PICKING UP THE FIRST DRINK, CALL US.

WE CAN HELP!



A.A. MEETING GUIDE

As of 10-1-2020

Osceola County Intergroup

www.osceolacountyintergroup.org

osceolacountyintergroup@gmail.com

24 Hour A.A. Hotline:

(407) 870.8282 Osceola County

(407) 260-5408 Orange County

(407) 240-1181 Espanol

New Meeting Guide App!

Go to the Apple Store or

Google Play Store

Type in: *Meeting Guide*

Click on: *Folding Chair Logo*

Click on: *Install*



This app helps you find AA meetings in any area you're in!

Need Help? Email:

osceolacountyintergroup@gmail.com

Need help with Zoom Meetings? Visit our website and visit tab "Zoom Meetings" for helpful tips and instructions.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership. We are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institutions; does not wish to engage in any controversy, neither indorses nor opposes any cause. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

